



KIDS!

Be Prepared

in Every Situation

Every day, you make sure that you get your homework done, get to music or sports practice on time, or plan where and when you'll meet up with friends...

But would you know how to plan and prepare for emergencies? Why not put your planning skills to good use and work with your family and teachers so you can be ready for all types of emergencies!

Use this activity sheet to help get you started! It's fun, full of useful information, and you can keep it for future reference so you can practice what you've learn and be prepared for all types of emergencies.

Be Informed!

There are many ways you can learn more about emergency planning and preparedness!

1. Talk to your parents or teacher about disasters that may occur in your area and how they can help you be prepared.
2. Have fun and learn at the same time! Go to these web sites for preparedness activities and games:
 - www.ready.gov/kids
 - www.fema.gov/kids
 - www.redcross.org/services/disaster
3. Practice makes perfect. If you and your family practice your emergency plan at least two times a year, you will be ready.

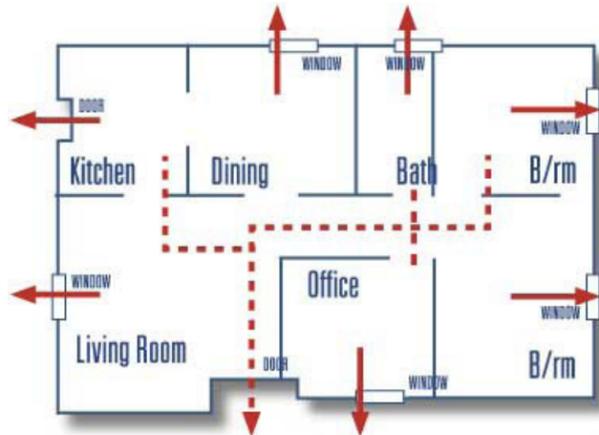


Help make a plan

with your parents!

In the event of an emergency, it's important to know where things are located inside your house to help you prepare or stay safe during an emergency. Have your parents help you use the space provided to draw a simple layout of your home. Then use this drawing to identify and mark the locations of the following objects:

- Doors
- Windows
- Emergency Supply Kit
- First Aid Kit
- Telephone
- Emergency Phone Numbers
- Emergency Plan
- Shelter-in-place location
- Flashlight
- Fire Alarm or Smoke Detectors
- Fire Extinguisher
- Carbon Monoxide Alarm
- Car and house keys



*Be Informed
Have A Plan
Make A Kit*

Basic Local Emergency Contact Information

Emergency Contact:

Name: _____

Phone number: _____

Important Phone Numbers:

911 for all emergencies

Other emergency numbers: _____

Your family's local meeting place:

Other important information:

www.ready.gov

Get Ready Now: Make a Kit!

An Emergency Supply Kit contains basic items that you and your family would probably need to stay safe during and after a disaster or an emergency. Emergency Supply Kit items should be stored in a waterproof container as close as possible to your home's exit door. Make sure everyone in the family knows where the Kit is located!

Talk to your family about why it's important to have an Emergency Supply Kit. Then put together a Kit with your family that contains these basic items:

- Food – three-day supply of non-perishable food with manual can opener and eating utensils
- Water – three-day supply of water (one gallon of water per person, per day).
- Portable, battery-powered or hand-crank radio and extra batteries
- Flashlight and extra batteries
- Dust mask (Army recommended N95/N100)
- Protective clothing and gear (e.g. poncho, heavy-duty plastic cover and duct tape)
- First aid kit and manual
- Sanitation and hygiene items (e.g. garbage bags with ties, hand sanitizer, moist towelettes, and toilet paper)
- Matches in waterproof container
- Whistle
- Extra clothing and blankets
- Local maps, your family emergency plan, cash and coins, photocopies of identification, important documents and credit cards enclosed in a waterproof container
- Special needs items such as prescription medications, eye glasses, contact lens solution and hearing aid batteries
- Items for children, such as toys and activities, formula, diapers, bottles, and pacifiers
- Tools, pet food and supplies and other items to meet your unique family needs

Kit Word Spy

Words that remind us of basic items that should be in your Emergency Kit are hidden in the block below. Some words are hidden backward or diagonally. See if you can find them!

- WATER RADIO FIRST AID KIT
FOOD WHISTLE BATTERIES
FLASHLIGHT MULTITOOL

M	A	T	T	H	I	M	D	F	L	T
U	I	F	O	O	D	U	I	L	I	A
L	O	I	D	A	R	L	D	K	W	B
D	T	E	R	W	H	T	D	S	A	A
F	L	A	S	H	L	I	G	H	T	T
A	I	D	M	R	A	T	A	W	E	T
T	O	O	A	T	M	O	L	R	R	E
B	A	T	S	O	S	O	S	A	D	R
H	L	R	I	R	D	L	T	B	A	I
F	I	R	I	W	H	I	S	T	L	E
F	W	F	D	O	O	S	H	W	F	S

Pet Emergency Planning:

Don't forget about your family Pet!

Remember to also plan for your pet's safety during and after an emergency. If you have to evacuate, take your pets with you. However, be aware that pets (other than service animals) may not be allowed in emergency public shelters for health reasons. Here are some basic things you and your parents should consider for your pet's emergency plan:

- Prepare a list of family, friends, boarding facilities, veterinarians, and pet-friendly hotels that could shelter your pet in an emergency
- Assemble a Pet Emergency Supply Kit (visit www.ready.gov for tips)
- Make sure your pet has proper identification tags
- Include copies of your proof of ownership in your Family Emergency Supply Kit

Go Dot-to-Dot with Fido, the family dog pet! Start with the number 1 and go dot to dot and color.

