

Items to Consider for Your Basic Home Emergency Kit

- Water—at least one gallon per person per day for at least three days
- Food—nonperishable food for at least three days
- First aid kit
- Prescription medications
- Dust masks (N95/N100)
- Flashlight
- Battery-powered or hand-crank cell phone charger
- Battery-powered or hand-crank radio with all-hazards NOAA (National Oceanic and Atmospheric Administration) weather station frequency
- Matches in a waterproof container
- Extra batteries
- Wrench/pliers/multitool for turning off utilities
- Local maps, your family emergency plan, cash and other important documents enclosed in a waterproof container
- Survival handbook
- Personal sanitation supplies such as moist towelettes, garbage bags and ties
- Additional items for your family's needs such as infant food, diapers and pet essentials
- Additional items for those stationed abroad:
 - Passports
 - Birth abroad certificates for children born overseas
 - Cash in local currency
 - Card with local translations of basic terms
 - Electrical current converter

BE INFORMED

The resources listed below provide additional information about preparing yourself and your family for an emergency:

Ready Campaign (www.ready.gov)—Information, checklists and printable forms to educate and empower Americans to prepare for emergencies.

- *Listo America* (www.listo.gov/america) is the Spanish version of the Ready campaign.
- *People with Disabilities and Other Special Needs* (www.ready.gov/america/getakit/)
- *Pet Items* (www.ready.gov/america/getakit/pets.html)

American Red Cross (www.redcross.org)—Preparedness guides and information for home, school, work and community.

Centers for Disease Control and Prevention (www.cdc.gov)—CDC is the principal federal agency for protecting the health and safety of all Americans.

Federal Emergency Management Agency (www.fema.gov/plan)—FEMA's "Plan Ahead" site offers information on the range of natural and manmade disasters and guidance for protecting your family and property.

PandemicFlu.gov/AvianFlu.gov (www.pandemicflu.gov)—The most current information on pandemic and avian flu from the U.S. Department of Health and Human Services.

Are you and your family ready for an **EMERGENCY?**



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ARMY**
GET A KIT • MAKE A PLAN • BE INFORMED

www.ready.gov



PREPARE

Preparing in advance could keep an emergency from becoming a disaster for you and your family. Take these *simple steps to prepare*:

Get a Kit—Consider the basics of survival and also special needs.

- Assemble emergency supplies in your home, car and workplace.
- Be ready in case you must evacuate quickly.

Make a Plan—Consider the range of possibilities and places you might be.

- Plan reactions to various emergencies.
- Plan how your family can stay in touch.
- Practice your plan.

Be Informed—Knowing what to do can make all the difference when seconds count.

- Know what emergencies are most likely to affect you and your family.
- Know the local emergency warning system in your area and what actions to take if there is an emergency.

REPORT

During and/or following an emergency, you are required to report your status with your command to ensure all members of the Army Family are accounted for.

When disaster strikes, take the following actions:

Proceed to a safe location—Shelter-in-place or go to a shelter or safe haven as directed.

Report your status—Follow the command's established procedures to report your location, even if your sponsor is deployed.

Call for more information—Emergency Coordination Center _____

For purposes of post-incident personnel accountability, the following groups of individuals have a responsibility to be properly accounted for: **All active duty Army, drilling Army Reservists and their Families (as listed in the DEERS database) and Army Civilian employees (both civil service and nonappropriated funds).**

RECOVER

If you or your family has been affected by a declared emergency, the Army and other organizations can help. The following resources are available:

Safe and Well List—Provides a way for disaster victims to communicate with family members about their well-being. <https://disastersafe.redcross.org/>.

Recover and Rebuild—Provides information and resources for individuals impacted by disasters. <http://www.fema.gov/rebuild/index.shtm>.

